

B R E A T H E

the lung association

Chronic Cough Test

If you are a smoker or a former smoker over 40, take the New Brunswick Lung Association's Lung HealthTest to see if you're at risk for COPD.

Other lung diseases can also cause a chronic cough.

Note: This test is for informational purposes only. It should not replace a complete medical examination by a doctor.

YES NO	1. Do you cough regularly?
YES NO	2. Do you regularly cough up phlegm?
YES NO	3. Do even simple household chores make you breathless?
YES NO	4. Do you have wheezing when you exercise, or at night?
YES NO	5. Do you get frequent colds that persist longer than those of other people you know?

If you answered "Yes" to one or more of these questions, you may have symptoms of COPD, or another lung disease. Consult your doctor and ask for a spirometry test.